**EFP 10** (Note, this sheet must be completed **individually** and handed in at the end of the lesson)

**Name:**

**Photos: (Whole trip and can be done it partners)**

By the end of the day, you need to have taken photos of the following things:  (Put a check beside it once you have the photos).

1. Photos of an easily recognizable thing, but from a unique angle or perspective. (2 photos)
2. Something in nature you find beautiful.
3. Something that shows evidence of human activity or irresponsibility.

**Senses:** (Do this part when you are instructed- don’t start before the right place on the trail).

Write one line that captures something you see/feel/taste/touch/smell. Use the most descriptive language possible.

I see the

I smell the

I taste the

I feel/touch the

I hear the

**Metaphors and similes (Again- don’t do this before you are instructed)**

Find two things around you (a cloud, tree, pebble etc.) and describe it using a simile or metaphor. Put a “M” after it if it is a metaphor and a “S” after it if it is a simile. Example: the brief rays of sun were a flash of hope or the leaves were as red as sizzling coals

1.

2.

**Final Poem:**

Write down your two favourite lines from the poem (they don’t have to be back to back lines). Explain why you chose these lines.

*My Heart Soars*

By Chief Dan George

The beauty of the trees,

the softness of the air,

the fragrance of the grass,

speaks to me.

The summit of the mountain,

the thunder of the sky,

the rhythm of the sea,

speaks to me.

The faintness of the stars,

the freshness of the morning,

the dew drop on the flower,

speaks to me.

The strength of fire,

the taste of salmon,

the trail of the sun,

and the life that never goes away,

They speak to me.

And my heart soars.

**On the walk down:** You can relax and you don’t have to write anything but pay attention to what is around you. Actually appreciate being outside and think about your emotional state in comparison to how you feel inside the school building.

Name:

My Heart Soars Outdoor Lesson Final Reflection

1. Do you think this lesson is more effective outside or in the classroom? Please explain why.

1. Circle one of the following: (this applies to life in general, not English class)

When I am outside in a natural environment:

1. I hate it. I would much rather be indoors and I don’t like going outside.
2. I would just rather be indoors. I feel better indoors.
3. I am neutral. Outside or inside doesn’t really matter to me.
4. I would really prefer to be outside. I just feel more comfortable outside and I like being outdoors.
5. When I am outside “My heart soars”. I would rather be outside than anywhere else.

1. Please explain how important (or not important) the natural world is to you. How do you feel when you are outside and what makes you feel this way?